

## MANAGEMENT OF HIV/AIDS COURSE

*Foundation for Professional Development and South African HIV Clinicians Society*

### INTRODUCING THE HIV/AIDS COURSE

The Foundation for Professional Development (FPD), the educational division of the South African Medical Association (SAMA), in association with the South African HIV Clinicians Society, a SAMA Special Interest Group, is offering a course in the management of HIV/AIDS conditions with the support of an educational grant.

Given the current state of knowledge on HIV/AIDS management and the fact that antiretroviral therapy (ART) is now more affordable, it is feasible to approach HIV/AIDS as a chronic medical condition. This implies that all healthcare professionals need to acquire knowledge on the management of this condition as a matter of urgency.

### OBJECTIVES

The objective of the programme is to establish comprehensive training and support for health care professionals in the Southern African region geared at:

- ensuring a critical mass of trained health care professionals within a relatively short time
- providing health care professionals with comprehensive skills in order to enable them to diagnose and manage HIV/AIDS and STDs and all related clinical conditions including referral to specialist and support services
- providing targeted sectors of the health care profession with appropriate and meaningful information to prevent them from becoming infected
- establishing a support structure that will keep alumni of the programme updated with new developments in the field, and
- creating an expanded organised community of health care professionals dedicated to responding to the HIV/AIDS epidemic.

The objective of the course in the management of HIV/AIDS is, through a combination of self-study and the workshop, to enable health care professionals to:

- diagnose HIV/AIDS and STDs
- manage and refer HIV/AIDS patients
- do counselling in the management of the patient
- empathise with people 'living with HIV'
- fulfil their role as health care professionals in community mobilisation
- understand vaccine development and trials.

### COURSE FORMAT

The course will combine self-study and face-to-face (workshop) tuition.

### SELF-STUDY

Leading national experts will customise a comprehensive easy-to-use self-study manual based on the International AIDS Society's SHARE Programme. The study material will be provided to participants prior to the workshop in order for them to prepare. The study material eliminates the need for supportive textbooks and will include material on:

- basic immunology and physiology
- economic and epidemiological information
- disease management strategies for STDs and HIV/AIDS, including diagnosis, treatment (inclusive of therapy, monitoring efficacy, side-effects, compliance monitoring, primary resistance, drug failure) and referral options
- vaccine development and trials
- ethical considerations surrounding HIV/AIDS testing and management
- counselling (lifestyle, compliance, terminal, pre- and post-test counselling)
- the role of health care professionals in community mobilisation
- living, coping and working with HIV.

Participants will need to score 70% for the multiple-choice questionnaire in order to ensure compliance with the self-study requirements of the course.

### WORKSHOPS

The face-to-face tuition will be presented by leading national and international experts and will take place over a 3-day period in the format of outcome-based workshops focusing on the practical integration of the knowledge acquired through the self-study guide. Workshops will avoid a didactic approach and use case studies, role-playing and interactive methodology.

### CERTIFICATION

Successful participants will be awarded an attendance certificate for the workshop in the Management of HIV/AIDS by the Foundation for Professional Development.

Both the workshop and the self-study before the workshop will be submitted for accreditation for CPD points. We will keep you informed of any progress. An estimated 36 CPD points might be allocated for the course.

You will never get this opportunity again because the course is heavily subsidised! Further details on cost will soon be released.

Further information on dates and venues will be provided as soon as the demand is established.

### REGISTRATION

Please send completed registration forms to  
 The Course Co-ordinator  
 Management of HIV/AIDS Course  
 Foundation for Professional Development  
 PO Box 74789  
 Lynnwood Ridge  
 0040  
 Tel: (012) 481-2032/3  
 Fax: (012) 481-2083  
 E-mail: [foundation@samedical.org](mailto:foundation@samedical.org)



### PROPOSED PROVISIONAL WORKSHOP SCHEDULE FOR THE HIV/AIDS COURSE

TIME	DAY 1 (HIV/AIDS overview - conceptualising)
08h30 - 09h30	Introduction
09h30 - 10h00	TEA TIME
10h00 - 13h00	Basic immunology and physiology of AIDS
13h00 - 14h00	LUNCH
14h00 - 15h00	Epidemiological and economic overview
15h00 - 15h30	TEA TIME
15h30 - 17h00	Clinical management of HIV/AIDS (inclusive of initiation of therapy, monitoring efficacy, side-effects, compliance monitoring, primary resistance, drug failure)
TIME	DAY 2 (HIV/AIDS theory in practice)
08h30 - 09h30	The role of health care professionals in community mobilisation
09h30 - 10h00	TEA TIME
10h00 - 13h00	Case studies: Participants (in syndicates) are to diagnose (including diagnostic tests), refer and treat (including patient education) in the simulated learning opportunity
12h30 - 14h00	LUNCH. Allowance for Jumah prayers to allow Muslim delegates to attend mosque
14h00 - 15h00	Case study feedback
15h00 - 15h30	TEA TIME
15h30 - 16h30	Case study feedback (continue)
16h30 - 17h00	Summary (overall approach in the management of patients with HIV/AIDS)
TIME	DAY 3 (HIV/AIDS reality)
08h30 - 09h30	Vaccine development and trials
09h30 - 10h00	TEA TIME
10h00 - 13h00	Living, coping and working with HIV/AIDS
13h00 - 14h00	LUNCH
14h00 - 15h00	Ethical considerations surrounding HIV/AIDS testing and management
15h00 - 15h30	TEA TIME
15h30 - 16h30	Counselling (lifestyle, compliance, terminal, pre- and post-test)
16h30 - 17h00	Self-assessment and closure

## Booking form

# MANAGEMENT OF HIV/AIDS COURSE

SURNAME		INITIALS		TITLE	
FIRST NAME		PREFERRED NAME FOR NAMETAG		MALE	FEMALE
CONTACT NUMBERS	TEL(W)	TEL(H)		FAX	
CELLPHONE NUMBER			E-MAIL ADDRESS		
POSTAL ADDRESS			BUSINESS NAME & ADDRESS		
POSTAL CODE			POSTAL CODE		
PRESENT OCCUPATION			SAMA OR DENOSA MEMBERSHIP NO		

Have you attended any other FPD courses?

- 1.
- 2.
- 3.

WOULD YOU LIKE TO RECEIVE MORE INFORMATION ON OTHER THE

FPD COURSES?

- MANAGEMENT AND BUSINESS COURSES
- MEDICAL ETHICS (DISTANCE EDUCATION)
- CPT™ AND ICD-10
- MEDICAL TERMINOLOGY AND ANATOMY
- MANAGEMENT OF OBESITY
- RHEUMATOLOGY
- MEDICAL EXAMINATION ON PROFESSIONAL DRIVERS
- MENTAL HEALTH
- DEBT COLLECTING
- PRACTICE PATHOLOGY

PLEASE INDICATE AT WHICH VENUE YOU WISH TO ATTEND

WORKSHOP:

- JOHANNESBURG
- CAPE TOWN
- DURBAN
- PRETORIA
- PORT ELIZABETH
- BLOEMFONTEIN
- NELSPRUIT

TO ENSURE YOUR PLACE ON THE WORKSHOP PLEASE FAX OR POST THIS FORM TO FPD, PO BOX 74789, LYNNWOOD RIDGE 0040, OR FAX TO 012-481 2083

THE FOUNDATION FOR PROFESSIONAL DEVELOPMENT IS A DIVISION OF  
THE SA MEDICAL ASSOCIATION AND IS SUPPORTED BY AN EDUCATIONAL GRANT  
FROM NEDBANK PROFESSIONAL BANKING